



# Science and Outdoor Education School

## Student Packet (2014/2015)

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## Dear Parents & Students,

Your student's visit to Pathfinder Ranch is sure to be filled with new experiences and memories. Since we are committed to providing a safe and fun learning environment, we need a little help in preparing your student for his/her visit. Please carefully review this packet and return all of the necessary forms to your coordinating teacher. If any form is not completely filled out, your student might not be able to participate in any activities until the missing sections/forms are completed and faxed or emailed to Pathfinder Ranch. Enclosed you will find the following information and forms:

**Activities & Classes** – This page describes the overall camp experience.

**Health & Safety Introduction** – This form addresses many frequently asked questions regarding medications and health services at Pathfinder, as well as our limitations. Please contact us at 951-659-2455 if your child requires special accommodations.

**Student Information Form** – It is essential that this form be properly completed. Unsigned and/or incomplete forms will result in your student being unable to participate until the completed form is received by Pathfinder staff. Be sure to include dietary restrictions and physical limitations.

**Medication Order Form** – If your student requires any medication on a regular basis, this form must be completed in order for the medication to be administered. Please refer to instructions on the Medication Order Form for details.

**Student Behavior Contract** – This form outlines the behavioral expectations of your student while at Pathfinder. Please read through this page carefully with your student. After reading it both of you must sign it.

**Equipment List** – Please be sure to send your student with the listed essential gear. The weather varies drastically in the mountains, so double check the weather link (<http://pathfinderranch.com/ranch-weather/>) on our website. It is critical that your child is prepared for his/her visit.

Please contact your coordinating teacher with questions regarding your student's upcoming trip or visit our website at [www.pathfinderranch.com](http://www.pathfinderranch.com) for more information and photos.

See you soon.

Sincerely,

Ryan Mayeda  
Outdoor Education Director



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### **ACTIVITIES & CLASSES**

Your student's visit to Pathfinder Ranch is sure to be filled with new experiences and memories. Pathfinder Ranch is proud to offer a broad and engaging curriculum. Following is a list of the classes that we offer. Ultimately though, your student's teachers will decide which of these classes your students will participate in. Please visit our website (<http://pathfinderranch.org/science-classes-info/>) for a full description of each class and its focus.

#### ***Arrival Day***

Students must bring a sack lunch to eat upon their arrival at Pathfinder Ranch. Pathfinder does not provide lunch on the first day. After this sack lunch, students split into their study groups and receive a detailed orientation to campus and our policies/procedures.

#### ***Academic Classes***

Animal Ecology, Archaeology, Farm & Garden, Farm Energetics, Forest Ecology, Fresh Water Ecology, Fire Ecology, Energy, Ethnobotany, Geology, Herpetology, Nature Center, Nature Observation

#### ***Recreational Classes***

Archery, Canoeing, ExCEED (Equine-Centered Experiential Education), Horseback Riding, Horsemanship, Orienteering, Rock Climbing (Alpine Tower, Climbing Wall, Sunburst), Survival Skills, Team Challenge, Hikes (Rock Point, Gold Mine, Land Bridge)

#### ***All Group Activities***

Predator & Prey, Elective Classes, Mad Science Fair, Lorax & Town Meeting, Free Time

#### ***Evening Programs***

Astronomy, Campfire, Lorax & Town Meeting, Mad Science Fair, Night Hike

All of us at Pathfinder Ranch look forward to providing your child with a safe, fun, and exciting learning experience!



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### **HEALTH & SAFETY INTRODUCTION**

A trained health staff (EMT or higher level-of-training) is on-call 24 hours a day. Health staff will address all health and safety concerns and distribute all student medications at Pathfinder Ranch.

**If your child will be requiring medication while at Pathfinder Ranch, please be advised of the following:**

- **ANY MEDICATION THAT DOES NOT COMPLY WITH THE FOLLOWING REQUIREMENTS WILL NOT BE ADMINISTERED AT PATHFINDER RANCH.**
- Prescription (Rx) medication must be accompanied by the Medication Order Form, signed by a parent/guardian AND a physician.
- Over-The-Counter (OTC) medication. It is not required that a physician sign the Medication Order Form for OTC medications. However, it is required that a parent/guardian fills out the Medication Order Form completely, and signs it.
- All medication must be in the original container. Pharmacist's label must display patient's name.
- All medication must be non-expired.
- If your child has prescribed **EMERGENCY MEDICATION** (e.g. Epi-pen, albuterol inhaler, nebulizer), a medication order on-file at school can be used for the trip. It is, however, the parent's responsibility to provide a copy of the school file, to accompany your child's medication at Pathfinder Ranch. Because students will be at Pathfinder Ranch outside of school hours, a medication order kept on-file at school **will only suffice for emergency medication.** For non-emergency medications, a medication order from school **will not cover** medication to be administered at Pathfinder Ranch.
- **INHALERS** must be marked with student's name, using **PERMANENT MARKER**. And must be accompanied by the original prescription box.
- All medications and Medication Order Forms must be submitted to the trip coordinator prior to departure from school and transferred from the school to Pathfinder Ranch by the trip coordinator.
- For students with diabetes, please notify Pathfinder Health Staff, by phone (951) 659-2455 ext. 22, no later than 2 weeks prior to arrival.
- A Student Information Form must be filled out and signed by the parent/guardian for every child that attends. An incomplete Student Information Form will result in delayed participation and/or early departure.
- For any treatment a parent or legal guardian does not want for their child, for religious or other reasons, the parent or legal guardian must submit to Pathfinder Ranch, a signed statement specifying action to be taken if the student needs care or treatment.

**Thank you for your cooperation in keeping all our students safe. Please contact Pathfinder Ranch Health Staff with any questions or concerns. 951-659-2455(T) 951-659-0351(F)  
35510 Pathfinder Rd Mountain Center, CA 92561 [eric@pathfinderranch.com](mailto:eric@pathfinderranch.com)**



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### STUDENT INFORMATION FORM

NAME OF STUDENT: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_  
LAST FIRST M.I.

HOME ADDRESS: \_\_\_\_\_  
STREET CITY STATE ZIP

1. PARENT/GUARDIAN: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

2. PARENT/GUARDIAN: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

ADDITIONAL EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

### HEALTH HISTORY

Pertinent medical history, if any: \_\_\_\_\_

Any allergies and/or dietary restrictions: \_\_\_\_\_

Current medications (Rx or OTC): \_\_\_\_\_

Date of most recent tetanus shot (mm/yy) \_\_\_ / \_\_\_ (must be within past 10 years)

Any camp activities from which the camper should be exempted, for health reasons: \_\_\_\_\_

Any condition(s) requiring medication, treatment, or special restriction/consideration while at camp: \_\_\_\_\_

I DO NOT grant permission for my child to ride horses and/or participate in any horse-related activities.

Only mark the box if you do not grant permission. *Permission is granted if box is left BLANK.*

**Parent/Guardian Authorization:** This information is correct, to the best of my knowledge. The student named above is considered physically, mentally and emotionally fit by me and able to participate in all authorized activities prescribed in the camp program agenda, except for those specified activities that I have listed as exclusions above. I understand that my child may be photographed while at Pathfinder Ranch and these images may be used in promotional materials. I am aware that the activities at Pathfinder Ranch may be physically challenging and, because of the setting, certain natural risks and hazards may exist. I agree to indemnify and hold harmless Pathfinder Ranch and its employees, servants and agents from and against all claims, loss, injury, death or liability resulting from, arising out of, or in any way connected with the above mentioned activity. I hereby attest that all immunizations required for school are up to date. I give permission to the camp health staff and/or trained personnel to administer prescribed, emergency, and OTC medications per Dr. standing orders. I also hereby give permission to the physician selected by Pathfinder Ranch to order any X-rays, routine tests and treatment necessary for the proper maintenance of my child's health. In the event that I should be unavailable in an emergency, I hereby give permission to the physician selected by Pathfinder Ranch to hospitalize, secure proper treatment for, and to order injections and/or anesthesia and/or surgery for my child as named above.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# PATHFINDER RANCH MEDICATION ORDER FORM

Name of Student:	DOB:	School:	Session Dates:		
<b>ALL MEDICATIONS MUST BE IN THEIR ORIGINAL CONTAINERS!!</b>					
<b>FOR PATHFINDER USE ONLY</b>					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					

**DIRECTIONS for Rx medications:** form must be filled in and signed by a doctor AND a parent/guardian.  
**DIRECTIONS for OTC medications:** form must be filled in and signed by a parent or legal guardian.

**TO BE COMPLETED BY A PHYSICIAN and/or PARENT/GUARDIAN (see DIRECTIONS above)**

Medication: \_\_\_\_\_ Amount to be given: \_\_\_\_\_

Reason to be given: \_\_\_\_\_

Freq: Daily  BID  TID  QID  PRN  Times: AM  Noon  PM  HS

Route: P.O.  I.N.  Inhalation  Topical

Rx # or Lot #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ # in bottle: \_\_\_\_\_

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Medication: \_\_\_\_\_ Amount to be given: \_\_\_\_\_

Reason to be given: \_\_\_\_\_

Freq: Daily  BID  TID  QID  PRN  Times: AM  Noon  PM  HS

Route: P.O.  I.N.  Inhalation  Topical

Rx # or Lot #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ # in bottle: \_\_\_\_\_

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Medication: \_\_\_\_\_ Amount to be given: \_\_\_\_\_

Reason to be given: \_\_\_\_\_

Freq: Daily  BID  TID  QID  PRN  Times: AM  Noon  PM  HS

Route: P.O.  I.N.  Inhalation  Topical

Rx # or Lot #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ # in bottle: \_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I hereby give permission to Pathfinder Ranch to administer, to my child, the medication listed above.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Physician's Stamp**

<b>For Pathfinder Use Only</b>	Initials: _____	Signature: _____	Name: _____
	Initials: _____	Signature: _____	Name: _____
			Health Director
			Evening Manager



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### Student Behavior Contract

1. I agree to **RESPECT MYSELF** by:
  - a. Having a positive attitude
  - b. Always trying my hardest
  - c. Trying new things
  - d. Finding an adult to help me when I am scared or sick
2. I agree to **RESPECT OTHERS** including:
  - a. Pathfinder staff
  - b. All other students
  - c. All chaperones
  - d. Classroom teachers
3. I agree to:
  - a. Be a good team member, sharing, and taking turns
  - b. Listen and follow directions
  - c. Do my share of work
  - d. Respect other peoples' belongings
  - e. Not fight, bully, tease, or use bad language
4. I agree to **RESPECT the NATURAL & BUILT ENVIRONMENT** by:
  - a. Keeping places CLEANER than I found them
  - b. Remembering that we are visitors to the home of the plants and animals at Pathfinder Ranch
  - c. Not misusing or vandalizing the buildings or equipment at Pathfinder Ranch
  - d. Not throwing or kicking things (rocks, pine cones, sticks, snow, etc...)
5. I agree to learn and have fun while being **SAFE**:
  - a. Staying with my group
  - b. Making sure I am with an adult at all times
  - c. Walking at all times
  - d. Following directions
6. I understand that if I choose to behave inappropriately, the following steps may be taken:
  - a. Behavior improvement request by an adult
  - b. Warnings and discussion with classroom teacher
  - c. Final warning and a call to my parents
  - d. My parents called to take me home

***I have read this contract and agree to follow the rules as they are outlined. I understand that I could lose my privilege in attending if I fail to follow them. I understand that Pathfinder Ranch is a school and operates under the same behavior expectations and consequences as my school.***

Students' Name Printed \_\_\_\_\_ School Name \_\_\_\_\_

Students' Signature \_\_\_\_\_ Date \_\_\_\_\_

Parents' Signature \_\_\_\_\_ Date \_\_\_\_\_

By signing this form, I the parent/guardian of the aforementioned student, agree to provide or arrange for immediate transportation from Pathfinder Ranch if for any reason departure from camp is recommended for my son/daughter.



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### EQUIPMENT LIST

#### IMPORTANT NOTES

- Students must be able to carry ALL of their luggage.
- Pack all clothing and gear in one suitcase or duffel bag. Sleeping bag should be carried separately. Do not bundle luggage, because it makes packing the buses very difficult.
- Label all personal items and expect them to possibly get lost, dirty, and/or broken.
- Our mountain weather varies widely, so check the weather reports (<http://pathfinderranch.com/ranch-weather/>) a few days prior to determine if you'll need the extra cold weather and/or warm weather gear.

#### ESSENTIAL GEAR

##### CLOTHING

- Tennis Shoes/ Boots- 2 Pair
- Warm Socks- 2 Pair/Day
- Underwear- 1 Pair/Day
- Long Pants- 3 Pair
- Short or Long Sleeve Shirts- 1/Day
- Sweaters or Sweatshirts- 2
- Warm Jacket
- Rain Gear
- Hat (Sun Protection)

##### DORMITORY EQUIPMENT AND ITEMS

- Sleeping Bag
- Pillow
- Towel
- Soap & Shampoo
- Sunscreen
- Chapstick
- Toothbrush and Paste
- Comb/Brush
- Personal Hygiene Items

##### OTHER IMPORTANT ITEMS

- Water Bottle/Canteen With Name
- Sun Glasses
- Pencil or Pen
- Day Pack (Drawstring or Backpack)

#### COLD WEATHER GEAR

- Extra Sweater or Sweatshirt
- Thermal Underwear
- Warm Gloves
- Winter Hat (e.g. Beanie)
- Scarf
- Thick Winter Jacket

#### WARM WEATHER GEAR

- Shorts- 2 Pair

#### OPTIONAL LIST

- Plastic Bags (Laundry)
- Shower Sandals
- Camera
- Watch
- Reading Book, Playing Cards, Or Quiet Game

#### ITEMS NOT ALLOWED

- Phone
- Candy, Gum, or Food
- Radio
- Electronic Games
- Blow Dryers
- Curling Irons
- Aerosol Sprays
- Knives/Weapons